# ALL PETS FACE STRESSFUL SITUATIONS

Find out when your pet might need an all-natural nutritional supplement with calming benefits to cope with stressful situations.

For cats and dogs!



When facing stressful situations, they need love and Zylkene<sup>®</sup>.



# Stress is inevitable during our lifetime. THE SAME GOES FOR OUR PETS!



#### Puppy training



#### Adoption



Boarding



#### Fireworks



#### Grooming



#### Guests





# To understand if your pet encounters stressful situations, here is a simple question:

Will your pet experience at least one of the following situations in the near future?



## If you answered **YES** to this question, **your pet could benefit from Zylkene**<sup>®</sup>!

This short leaflet will enlighten you on why and when to use Zylkene® during his or her journey!



## HOW CAN I TELL IF MY PET IS STRESSED?

Observing changes in body language and behaviours will tell you when your pet is stressed or fearful.

## Dog

- Frequent lip licking
- Being hypervigilant
- Yawning repeatedly
- White of the eye is visible
- Cowering or shaking
- Panting
- Ears swivelled or pulled backward
- Moving very slowly, avoiding or pacing
- Refusing treats

## Cat

- Hiding
- Crouched body
- Tail close to the body
- Head lower than the body
- Eyes fully open
- Pupils fully dilated
- Ears fully flattened against the head
- Whiskers pulled back
- Vocalizing, yowling, growling or hissing
- Shaking, drooling or raised hackles

## HOW SHOULD I HELP MY PET COPE WITH STRESS AND WHY?

Stress can trigger fear-like emotional reactions that lead to unpleasant behaviours. Identifying situations that can be potentially stressful to your pet and observing his/her signs of stress is the 1<sup>st</sup> step.

#### This will allow you to PREVENT unwanted stress-related behaviours with **3 simple actions:**



Use a product with calming effects such as Zylkene<sup>®</sup> to decrease signs of stress and increase your pet's ability to learn how to behave appropriately.



Manage his/her environment by fostering comforting living conditions and routine while decreasing identified stress factors.



Positively reinforce appropriate behaviour.



### ADAPTING TO A NEW ENVIRONMENT

New suroundings can mean new odours, new sounds, new furniture, new boundaries.

## BEING INTRODUCED INTO A NEW HOME

BIRTH

Although this is a normal first step into a new life, leaving a mother and littermates is a big change for a pet. Change is often associated with stress.

## INTERACTING WITH NEW FAMILY MEMBERS (HUMANS/PETS)

Being introduced into a new home means meeting new people and possibly other pets in the house. This may not happen naturally and easily for all animals.

## ADAPTING TO A NEW ROUTINE

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Feeding schedule, play habits, resting time and place, are the basis of your pet's life. Changing them may disrupt their balance.

## STAYING ALONE AT HOME

Our lifestyle often implies that our pet stays alone, at home, while we are at work or at school. Some pets will have difficulty coping with this situation.

#### **FIRST CAR RIDE**

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Many pets will become fearful when they get into a car because of the noise, the vibration or the movement.

#### PREVENTIVE CARE VET VISITS

Going to the doctor for a physical exam, vaccines and parasite prevention is a must. However, white lab coats, strange noises, waiting room encounters and needles can be scary for your pet!

## LEARNING APPROPRIATE BEHAVIOUR

Pets learn by associating positive or negative feelings to what they experience. Sometimes, this trial and error process may trigger fear in the learning pet.

#### HOME OR PROFESSIONAL GROOMING

Nail clipping, ear cleaning, and bathing are all part of a normal hygiene routine. Still, some pets will find these interactions awkward. In addition, many pets are fearful of the clipper and the dryer at first.

Your pet will encounter many **challenging** situations during his or her life. Stress is a normal reaction to these challenges. Mild changes in his or her behaviour will be the first signs that he or she is not coping well with stress. These mild changes may evolve to become behaviour issues.



#### **SPAY/NEUTER VET VISIT**

staying at the hospital, sometimes overnight, going through anesthesia and surgery is stressful for pets. **UNTIL OLD AGE** 

## PUPPY CLASS

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Being around other dogs and strangers in a classroom can cause a stress reaction. Learning abilities are reduced when a pet is stressed.

By preparing for these **stressful** events and with **Zylkene®** on your side, you can help your pet develop healthy behaviours! **Discover** AN INNOVATIVE, ALL-NATURAL CHEW



The first milk-derived nutritional supplement with clinically proven calming benefits

# 6 reasons

why you and your pet will love Zylkene®!



Zylkene<sup>®</sup> is an **all-natural nutritional supplement** indicated for dogs and cats of any age. Its main active ingredient is derived from milk.



In clinical studies, **no side effects** were reported when Zylkene<sup>®</sup> was administered to dogs and cats.

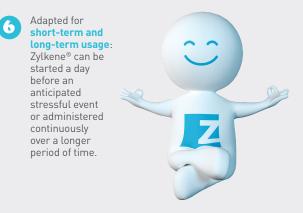
3 Zylkene<sup>®</sup> is also **non-sedating** and **non-addictive**.



Zylkene<sup>®</sup> has no known contraindications or drug interactions.



Zylkene® can be used **anytime, anywhere**! As it is chewable, it is easy to give at home, outdoors, on the go, at the vet clinic, etc.





#### DOSAGE

Same for chews and capsules:		
75 mg	<b>225</b> mg	450 mg
<b>1 to 5 kg</b>	<b>10 to 15 kg</b>	<b>15 to 30 kg</b>
1 per day	1 per day	1 per day
<b>5 to 10 kg</b>	<b>15 to 30 kg</b>	<b>30 to 60 kg</b>
2 per day	2 per day	2 per day

\*Ask your veterinary team for more information.

## WHEN FACING stressful situations, THEY NEED LOVE AND





For free tips and tricks about your pet's behaviour, go to **www.mypetshealth.ca** 

For more information on how to manage your pet's learning environment, **contact your veterinary team.** 



Also ask your clinic staff for your **loyalty card** and get a free Zylkene<sup>®</sup> product after your 5<sup>th</sup> purchase.